* Desserts: main dessert available as per menu or fresh fruit alternative.

**WC: 07/09, 28/09, 19/10, 16/11, 07/12, 11/01, 01/02, 01/03, 22/03, 26/04, 17/05,14/06, 05/07**

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| **Menu Week 1** | **Meat free Monday** | **Great British Food Tuesday** | **Roast Dinner Wednesday** | **Around the World Thursday** | **Fish Friday** |
| **Meat Choice**  | Wholemeal pizza margherita, hand cut potato wedges and mixed salad or baked beans  | Sausage and mashed potatoes, gravy and seasonal vegetables | Roasted beef, Yorkshire pudding, roast potatoes, gravy and steamed mixed vegetables  | Chicken curry, rice and mini naan bread  | Omega 3 Fish fingers with chips, peas or mushy peas  |
| **Vegetarian Choice**  | Quorn sausage and mashed potatoes, gravy and seasonal vegetables **(on request)** | Quorn fillet, Yorkshire pudding, roast potatoes, gravy and steamed mixed vegetables **(on request)** | Quorn curry, rice and mini naan bread **(on request)** | Quorn sausage, chips, peas and gravy **(on request)** |
| **Jacket Potatoes** | **Freshly baked Golden jacket potato with choice of fillings and salad** |
| **Dessert** | Oaty biscuit | Sticky toffee cup cake | Chocolate Bownie | Homemade digestive biscuit  | Rainbow muffin |

**WC: 14/09, 05/10, 02/11, 23/11,14/12, 18/01, 08/02, 08/03, 29/03, 03/05, 24/05, 21/06, 12/07**

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| **Menu Week 2**  | **Meat free Monday** | **Great British Food Tuesday** | **Roast Dinner Wednesday** | **Around the World Thursday** | **Fish Friday** |
| **Meat Choice**  | Meat free sausage and mozzarella topped pizza slice with tomato and vegetable pasta salad | Minced beef and herby dumpling with mashed potatoes and steamed vegetables  | Roast chicken with Yorkshire pudding, gravy, roast potatoes  | American style Posh dog, wholemeal finger bun, hand cut white and sweet potato chunks, sautéed onions, coleslaw and sweetcorn  | Crispy battered salmon fillet with chips, peas or mushy peas  |
| **Vegetarian Choice**  | Minced Quorn and herby dumpling with mashed potatoes and steamed vegetables (**on request)** | Roast Quorn Fillet with Yorkshire pudding, gravy, roast potatoes **(on request)** | Quorn Hot Dog Posh dog, wholemeal finger bun, hand cut white and sweet potato chunks, sautéed onions, coleslaw and sweetcorn (**on request)** | Quorn fillet with chips, peas or mushy peas (**on request)** |
| **Jacket Potatoes** | **Freshly baked Golden jacket potato with choice of fillings and salad** |
| **Dessert** | Flapjack | Waffle  | Ginger cookie  | Apple and cinnamon cup cake  | Homemade biscuit |

**WC: 21/09, 12/10/, 09/11, 30/11, 04/01, 25/01, 22/02, 15/03, 19/04, 10/05, 07/09, 28/06, 19/07**

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| **Menu Week 3** | **Meat free Monday** | **Great British Food Tuesday** | **Roast Dinner Wednesday** | **Around the World Thursday** | **Fish Friday** |
| **Meat alternative**  | Wholemeal pizza margherita, hand cut potato wedges and mixed salad or baked beans  | Chicken and wholemeal pastry pie, steamed new potatoes, carrots and broccoli  | Roast pork with Yorkshire pudding, gravy, mashed potatoes and vegetables | Sweet chilli chicken fillet, rainbow rice, soft tortilla with sweetcorn and tomato sauce  | Battered cod fillet, with chips, peas or mushy peas   |
| **Vegetarian Alternative** | Minced Quorn and wholemeal pastry pie, steamed new potatoes, carrots and broccoli **(on request)** | Roast Quorn with Yorkshire pudding, gravy, mashed potatoes and vegetables **(on request)** | Quorn fillet in sweet chilli sauce, rainbow rice, soft tortilla with sweetcorn and tomato sauce (**on request)** | Quorn sausage, chips, peas and gravy (**on request)** |
| **Jacket Potatoes** | **Freshly baked Golden jacket potato with choice of fillings and salad** |
| **Dessert** | Fruity Cup cake | Shortbread biscuit  | Waffle | Chocolate and pear cup cake | Homemade biscuit |