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Gateshead
Council

School menu

HOW TO CONTACT US:

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WEEK 1

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Cheese & tomato round
pizza, pasta, baked
beans, or mixed saladSausages, mashed potato,
mixed veg & gravyRoast chicken, Yorkshire pudding,
roast potatoes broccoli, carrots &
gravyPork meatballs, handmade
wedges, sweetcorn schools'
choice tomato sauce or gravyFish portion, chips &
peas

2ND CHOICE

Veggie sausage, mashed
potato, mix veg & gravyQuorn fillet, Yorkshire pudding,
roast potatoes broccoli, carrots &
gravyVeggie meatballs, potato
wedges, sweetcorn, school's
choice tomato sauce or gravyVeggie bake, chips &
peas

JACKET POTATO



Tuna mayo, cheese, beans

DESSERT

School cake & custard

Jelly & fruit

Fruit smoothie & fruit

Pancake with bananas & toffee
sauceCooks' choice
homemade biscuit

04/09/2023
25/09/2023
16/10/2023
06/11/2023
27/11/2023
18/12/2023
08/01/2024
29/01/2024
19/02/2024
11/03/2024
01/04/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 2

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Folded pizza, pasta, baked
beans, or mixed saladMinced pork pie, mashed
potato, mixed veg & gravyGammon slice, roast potatoes,
cauliflower, carrots & gravyChicken curry, rice, naan bread
& pea/sweetcorn mixFish finger, potato
wedges & peas

2ND CHOICE

Cheese & potato pasty,
mash potato, mix veg &
gravyOmelette, roast potatoes & mixed
saladVeggie curry, rice, naan with
pea/ sweetcorn mixVeggie fingers, potato
wedges & peas

JACKET POTATO



Tuna mayo, cheese, beans

DESSERT

Waffle & fruit

Ice cream roll with fruit

School Cake & custard

Cooks' choice homemade
biscuit

Muffin

11/09/2023
02/10/2023
23/10/2023
13/11/2023
04/12/2023
25/12/2023
15/01/2024
05/02/2024
26/02/2024
18/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

WEEK 3

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Flat bread pizza slice, pasta,
baked beans or mixed saladBeef burger in a bun, potato
wedges, sweetcorn or mixed
saladSavoury mince with cooks' choice
topping, mashed potato, green
beans, carrots & gravyChicken wrap with salad,
savoury rice & garlic mayoFish star, seasoned
twisters & peas

2ND CHOICE

Veggie burger in a bun,
potato wedges, sweetcorn or
mixed saladQuorn mince with cooks' choice
topping, mashed potato, green
beans, carrots & gravyVeggie wrap, savoury rice &
garlic mayoVeggie shapes,
seasoned twisters
& peas

JACKET POTATO



Tuna mayo, cheese, beans

DESSERT

Chocolate crispy cake with
orange wedge

School cake & custard

Fruit & ice cream

Cooks' choice homemade
biscuit

Muffin

18/09/2023
09/10/2023
30/10/2023
20/11/2023
11/12/2023
01/01/2024
22/01/2024
12/02/2024
04/03/2024
25/03/2024
15/04/2024
06/05/2024
27/05/2024
03/06/2024
24/06/2024
15/07/2024

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