



Long Term Plan for Physical Education

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Year 1	Invasion Games	Ball Skills	Gymnastics	Net and Wall Games	Striking and Fielding Games	Athletics
	Fundamentals	Dance	Invasion Games	Fitness	Target Games	Sending and Receiving
Year 2	Invasion Games	Ball Skills	Gymnastics	Net and Wall Games	Striking and Fielding Games	Athletics
	Fundamentals	Dance	Fitness	Ball Skills	Sending and Receiving	Target Games
Year 3	Hockey	Football	Gymnastics	Tennis	Cricket	Athletics
	Ball Skills Y3/4	Dance	Fitness	Dodgeball	Basketball	OAA
Year 4	Hockey	Football	Gymnastics	Tennis	Cricket	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Hockey	Football	Gymnastics	Tennis	Cricket	Athletics
	Rugby	Dance	Dodgeball	Basketball	Fitness	OAA
Year 6	Hockey	Football	Gymnastics	Tennis	Cricket	Athletics
	Rugby	Dance	Dodgeball	Basketball	Fitness	OAA